

Boobs Guide



Let's leave breast lifts,
implants and other surgical
interventions aside,
we are for natural progress!

THE MOTTO
OF THIS GUIDE:

"A cabbage head in the mouth or a sock in the bra!"



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**IF YOU ARE
READING THIS GUIDE,
IT MEANS YOU WANT**

100%

**FUCKING
AWESOME
BOOBS!**

Of course, beautiful boobs attract too much attention from others, create movement in the pants of any man, that is why absolutely every lady wants gorgeous boobs for herself, so that everyone will turn heads when passing by.

And even despite the fact that the original function of the breast is to feed a child and not to attract males and its size depends on physiology and hereditary factors, it seems that in the 21st century, few people care.

EVERYONE WANTS TO HAVE NICE BIG BOOBS!

Moreover, many in the name of this generally accepted beauty are ready to go under the surgical knife. But for those who are not ready to take this action, I have prepared a few tricks that will help to make the breasts much larger and more spectacular. This is what my guide will be about.

**“THE GUIDE IS OF A PRACTICAL
AND ENTERTAINING NATURE. THE METHODS PROPOSED
ARE NOT INVENTED BY ME PERSONALLY, ALL INFORMATION IS BASED
ONLY ON RELIABLE SOURCES: SCIENTIFIC ARTICLES, SPECIAL LITERATURE,
THE INTERNET AND MY PERSONAL EXPERIENCE, THAT IS WHY YOU CAN BE
ABSOLUTELY POSITIVE ABOUT THEM. AND IF YOU FOLLOW ALL MY
RECOMMENDATIONS AND LIFE HACKS IN THEIR ENTIRETY, WAIT FOR A
FAVOURABLE OUTCOME FOR YOUR BOOBS!”**

THEY SAY BREAST GROWTH IN GIRLS OCCURS UP TO A MAXIMUM OF 20 YEARS!
AND IF YOU ARE ALREADY 20+, THEN YOU MAY NOT EXPECT THE BOOBS GROWTH.

Don't be desperate, I know all is not lost.

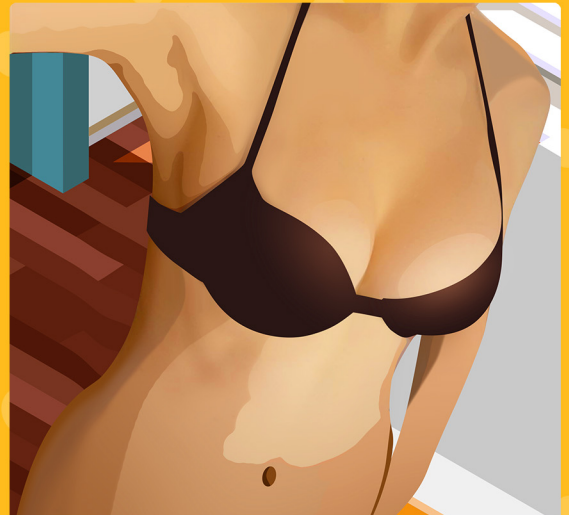
**LOOK AT ME, I AM 24 (!!!)
AND IT WAS THIS YEAR THAT BECAME CRUCIAL FOR MY BREASTS!**



And where
are my boobs?
I am well over
20!

This is 2017 and I am already 22 here.
I have small breasts
and I don't even count on the fact
that they will suddenly increase.

And this is the end of 2019!
Here I am in the same swimsuit
as in the last picture and,
as you can see, it is already
too small for my "babies".



I WILL TELL YOU MY STORY OF "TRANSFORMATION" A LITTLE LATER, BUT FOR NOW,

Trust me

**AND, MOST IMPORTANTLY, READ THIS GUIDE FROM BEGINNING TO END, BECAUSE
EACH ITEM PLAYS AN IMPORTANT ROLE IN THIS MATTER**

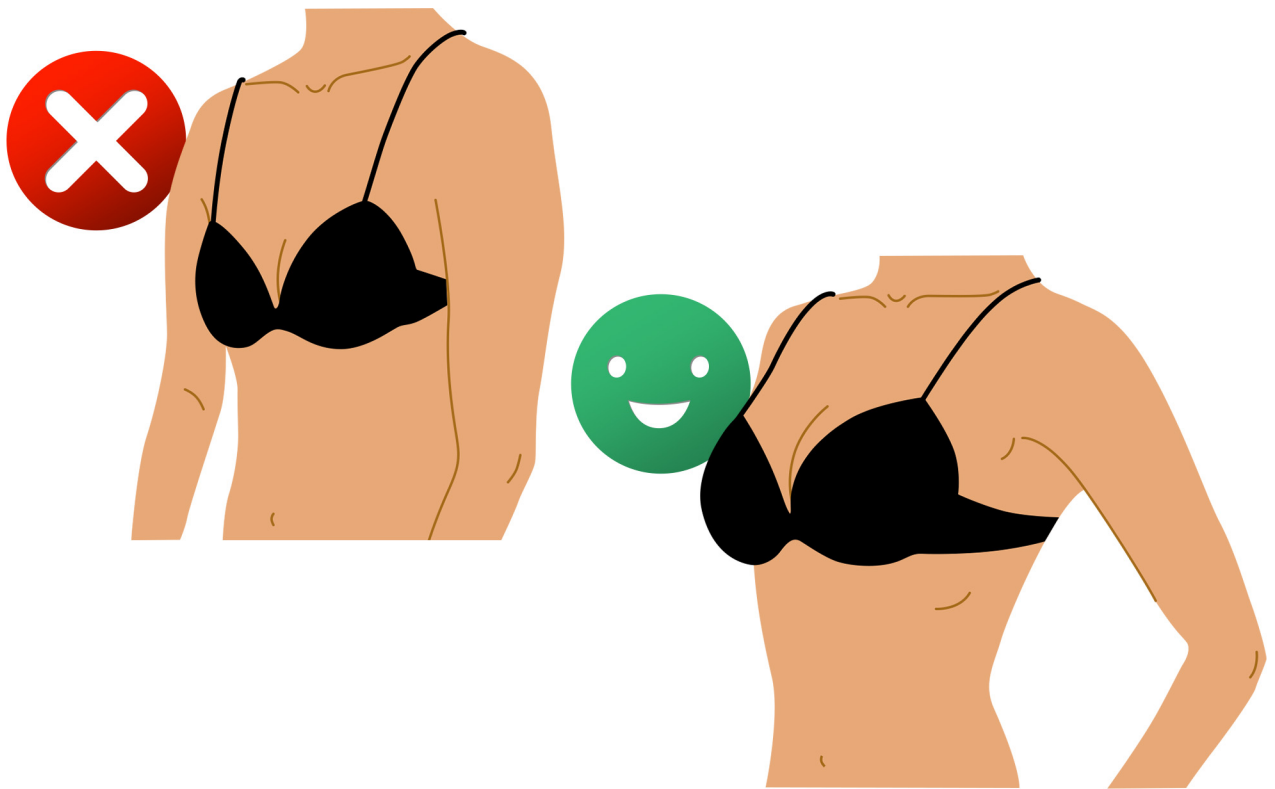
AND WE WILL START WITH THE LIFE HACKS FOR THE VISUAL BREAST AUGMENTATION:

1.1

NUMBER ONE ON THE LIST AGAINST DULL BOOBS - **POSTURE!**

I bet you are sitting in a hunched dog pose right now? Until it is critical, sit, the main thing is to remember this rule with your man or other subject that you want to impress.

Joke. Try to remember to straighten your back more often! Shoulders back - chest forward. If you also pull in your stomach, there is a chance that the size of the boobs will prevail over the size of the belly.



In order to always keep your posture even,
use a corrective belt or a special spinal brace,
or eliminate your round back with the help of physical exercises
(more on that later).